



Capel Parish Nurses: *Serving the Community of Capel St Mary*

WE NEED MORE VOLUNTEERS!

We are looking to set up a dementia café in Capel once a fortnight but need people to help drive the café forward. Do you have a passion for helping people with dementia and their loved ones? Would you like to be involved in setting up and running the café with us? Once we have a team together we are going to arrange a “working party” where we have a meeting and brain storm ideas. Could you be free once a fortnight or once a month to help make cups of tea or coffee for people attending our café?

We also need volunteers for smaller tasks – would you be able to pick up shopping sometimes for people who cannot get out? Could you be available to visit someone for an hour once a week or once a fortnight to give them some company? Could you befriend someone on the telephone and ring them once a week? Would you be able to provide transport to one of our clients to the hospital for an appointment? Could you cut someone’s grass once in a while? Or do an odd job for someone who cannot manage it themselves due to health reasons? Have you got a passion for any other health related projects that you would like to run under the banner of Capel Parish Nurses. Without our valuable volunteers we would not be able to help all the people we help in all the different ways we help them. If you are interested in becoming one of our volunteers (even for infrequent and short periods of time) then please get in touch with us for a volunteer pack. It is not a requirement for you to be a Christian to be one of our volunteers – you just need to understand our values and honour them.

Blessings,
Caroline, your Parish Nurse

Caroline: 07588 706869 Caroline@CapelParishNurses.org.uk Wed & Fri 9:30-2:30

Margaret: 07588 698284 Margaret@CapelParishNurses.org.uk Mon & Wed 9-4

Website: www.CapelParishNurses.org.uk