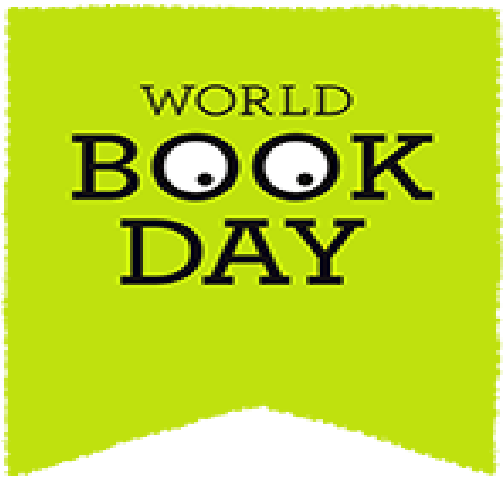
Capel Parish Nurses: *Serving the Community of Capel St Mary*

World Book day – Thursday 2nd March is celebrating 20 years! http://www.worldbookday.com/



We all know that research shows that reading for pleasure makes a huge difference to a child's development and educational performance. Evidence suggests that children who read for enjoyment every day have a broader vocabulary, increased general knowledge and a better understanding of cultures. It is also a brilliant opportunity to bond with your child. I was surprised when I was reading up on this to discover that apparently reading for pleasure is more likely to determine whether a child does well at school than their social or economic background!

Parent's are the most important educator in a child's life – even more so than their teachers. Reading to your child from birth can comfort them as they hear your voice and it increases their exposure to language. Children who see adults reading are much more likely to read themselves and enjoy it too. Maybe you could make it part of your night time routine to read together – sometimes read aloud a story together and sometimes snuggle up quietly together and read your own books.

A personal recommendation; if you like books with any of the following: action, suspense, a love story, drama, miracles and a happy ending then you should check out the bible as it contains them all! If you have never read the bible before then I would recommend starting with one of the gospels: Matthew, Mark, Luke or John.

Caroline: 07588 706869 Caroline@CapelParishNurses.org.uk Wed & Fri 9:30-2:30
Margaret: 07588 698284 Margaret@CapelParishNurses.org.uk Mon & Wed 9-4

Website: www.CapelParishNurses.org.uk